WHAT IS CLAIMED IS:

- 1. A coil arrangement for a medical imaging system, the coil arrangement comprising:
 - a plurality of coil elements for a medical imaging system; and
- a plurality of twisted portions in combination with at least one of the plurality of coil elements.
- 2. A coil arrangement in accordance with claim 1 wherein the plurality of coil elements comprise at least one saddle coil element.
- 3. A coil arrangement in accordance with claim 1 wherein the plurality of coil elements comprise at least one each of a saddle coil element and a loop coil element.
- 4. A coil arrangement in accordance with claim 1 wherein the plurality of coil elements comprise at least one saddle coil element and at least one loop coil element and together with the plurality of twisted portions forms a saddle train coil array.
- 5. A coil arrangement in accordance with claim 1 wherein the plurality of coil elements are configured to be combined.
- 6. A coil arrangement in accordance with claim 1 wherein the plurality of coil elements comprise a plurality of overlapping loop coil elements.
- 7. A coil arrangement in accordance with claim 1 wherein the plurality of coil elements comprise a plurality of non-overlapping loop coil elements.
- 8. A coil arrangement in accordance with claim 1 wherein the medical imaging system comprises a magnetic resonance imaging (MRI) system and the coil elements comprise resonant surface coils.
- 9. A coil arrangement in accordance with claim 1 wherein the plurality of twisted portions are each configured in a cross-over arrangement.

- 10. A coil arrangement in accordance with claim 9 wherein the cross-over arrangement is configured to provide phase encoding information.
- 11. A coil arrangement in accordance with claim 1 wherein the plurality of coil elements comprise at least one each of a saddle coil element and a loop coil element, and wherein the saddle coil element is positioned generally in about the middle of the coil arrangement.
 - 12. A coil array for a medical imaging system, the coil array comprising:
- a first coil array portion having a plurality of coil elements for a medical imaging system; and
- a second coil array portion having a multi-lobe saddle train, the multi-lobe saddle train comprising a plurality of twisted portions.
- 13. A coil array in accordance with claim 12 wherein the first coil array portion comprises a plurality of loop coil elements.
- 14. A coil array in accordance with claim 12 wherein the multi-lobe saddle train further comprises at least one saddle coil.
- 15. A coil array in accordance with claim 12 wherein the first and second coil array portions are configured to be combined.
- 16. A coil array in accordance with claim 12 wherein the first and second coil array portions together form a coil array configured to be used in combination with other coil arrays.
- 17. A coil array in accordance with claim 12 wherein the first coil array portion is positioned adjacent the second coil array portion.
- 18. A coil array in accordance with claim 12 wherein the medical imaging system comprises a magnetic resonance imaging (MRI) system and the coil array portions comprise resonant surface coils.

- 19. A coil array in accordance with claim 12 wherein the first coil array portion comprises at least one loop coil element and the plurality of twisted portions are configured having a cross-over arrangement, with the at least one loop coil element generally centered in relation to the cross-over arrangement.
- 20. A method for providing coil arrays for a medical imaging system, the method comprising:

configuring a coil array to include a plurality of twisted portions in combination with a plurality of coil elements.

21. A method in accordance with claim 20 further comprising forming a saddle train with the plurality of twisted portions.